Re-framing nature Taitapa anotia te taiao



This activity encourages tamarki to take time to feel peaceful in their surroundings.

Hohou ai ki runga, hohou ai ki raro, hohou te rongo. Peacefulness above, peacefulness below, I feel at peace.



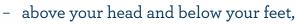
TAKE TIME TO NOTICE NATURE

Fly like a bird, creep like an insect and take a different view of the world. How does it feel to be a leaf floating to the ground? What is it like to be a tiny insect in a big world? What do you see, feel, hear when you look up at the sky?



Go outside and explore. Use a frame to focus on nature.

See through new eyes by looking:





- from up above and low down,
- inside bushes and under leaves,
- under rocks and inside crevices.



- Capture your view in drawings, words, photos, poetry, writing so you can use and share it later.
- Find a new view or get close up to things that interest you.
- Lay your frame on the ground somewhere grassy how many different plants can you see? Do you know what they are?
 Are there any creatures living in your grass forest?



New Zealand Government





CURRICULUM LINKS

The Arts

- · Create a collage.
- Print a photo on cardstock and cut it to make a photo puzzle.
- Create artwork inspired by what you found outside. Use the colours, textures, light and shadows in your nature photographs as inspiration.
- What can you see in your frame? What colours would you use to paint or draw what you see?

Mathematics -Geometry and Measurement

- Experiment with cropping and resizing your photos before printing them. What size do they need to be to fit in your story or class display?
- Look for symmetry in your drawings/photos (e.g. a butterfly is a good example of reflective symmetry).

Social Science

 Consider how your school grounds have changed over time. Research to find images of your school from previous weeks, months, years.

Digital technology

 Create a pixel drawing of one of your photographs.

English

- Use what you observed to plan and tell a story, for example; a report, personal recount, play, poem, comic strip, etc.
- Write a 'day in the life of...' story from the point of view of a plant or creature you found in the school grounds. Consider what they would see, hear, feel.
- Read the Life of Py blog story to spark ideas for your own story.

Health and Physical Education

- Reflect on how this activity made you feel. Record your thoughts in a nature journal.
- Choose an animal or bird you can see. How do they move?
 Can you move like that?
- With a group of friends create a dance or mime that uses these movements.
- Try a Sparklers take notice activity https://sparklers. org.nz/activities/favouritesnatural-world/







Science - Living World

- Create signs to describe your drawings/photos. Include common, Māori and Scientific names of plants and animals.
- · Reflect and make sense of your observations. Think, pair and share.
- What do you think about your observations? What can they tell us about the school grounds?
- Examine your classmate's drawings/photos. Discuss what you could predict about your nature space from the photos taken (e.g. Which plants are native/food/Rongoā/introduced? What animals/birds/ insects live in or use these plants? Which trees are deciduous or evergreen?).
- Consider what you would see in your school grounds at different times of day, weeks, months and seasons. Repeat this activity at a different time to see how may differences you can observe.

FIVE WAYS TO WELLBEING













