













Vegetation Status in Waituna Lagoon: Summer 2023









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Author:

Mary de Winton Iñigo Zabarte-Maeztu Aleki Taumoepeau

Published by:

NIWA - National Institute of Water & Atmospheric Research Ltd

PO Box 11115 Hamilton 3251

Phone +64-7-856 7026

Website: www.niwa.co.nz

For more information please contact: mary.dewinton@niwa.co.nz

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DOC commissioned
NIWA to undertake
the 2023 summertime
Waituna Lagoon survey
to document the
health of submerged
vegetation and to
provide an interannual comparison
of its condition. This
report summarises the
key findings to guide
further ecological
management of
the lagoon.

Key findings

In 2023, all six ecological targets (in bold below) were achieved for Waituna Lagoon;

- The lagoon was closed to the sea for all the spring-summer growing season for Ruppia, achieving the target for lagoon closure.
- This the second consecutive year the target for lagoon closure has been achieved and comprises the longest period of closed lagoon status (16.6 months) of the 15-year monitoring data set.
- Targets for lagoon-wide Ruppia cover, Ruppia biomass index, Ruppia reproductive success, Ruppia megacarpa status were all achieved in 2023, with the highest values for these measurements ever recorded.
- The macroalgae cover target comprising a limit of <10% was also achieved. The low macroalgae abundance contrasts with results since 2015 when macroalgal development has usually been prominent.

Monitoring results for Waituna Lagoon in 2023 showed record vegetation development, high macrophyte species diversity, and indications of a major replenishment of seed banks for future security of the plant community. Results continue to support the need for closed lagoon conditions during the key growing seasons, preferably for consecutive years, as a means of protecting widespread *Ruppia* vegetation and the ecological benefits that submerged plants provide.

Purpose of this report

This report presents the 2023 annual summer monitoring data for submerged vegetation in Waituna Lagoon in relation to ecological targets that have been identified by the Lagoon Technical Group to guide ecological management. Results are compared to annual monitoring results since 2009.

The document is supported by a technical report¹ that describes the water level regime, water quality (physico-chemical) and substrate conditions, submerged vegetation abundance and composition and *Ruppia* life-stage.





Waituna Lagoon is an internationally important example of a coastal waterbody that remains in good ecological condition.



Background

The importance of Waituna Lagoon

Waituna Lagoon on the south coast of New Zealand is included within a Ramsar Wetland of International Importance. The Lagoon is of cultural significance to Ngāi Tahu recognised by a Statutory Acknowledgement under the Ngāi Tahu Claims Settlement Act 1998². It is also significant for conservation of biological diversity and as a key recreational site.

The Department of Conservation has been monitoring submerged aquatic plants (including *Ruppia* spp.) in Waituna Lagoon since 2007 under the Arawai Kākāriki Wetland Restoration Programme.

Coastal lowland lakes like Waituna Lagoon are impacted by changes in land use in the catchment including sediment and nutrient loads from upstream run-off. It is now rare to find coastal lowland lakes with an intact ecological condition, but Waituna Lagoon remains highly valued for its associated plant, wetland, fish and birdlife.



Ngāi Tahu Claims Settlement Act 1998 No. 97 (as at 23 May 2008), Public Act Schedule 73 Statutory acknowledgement for Waituna Wetland – New Zealand Legislation.



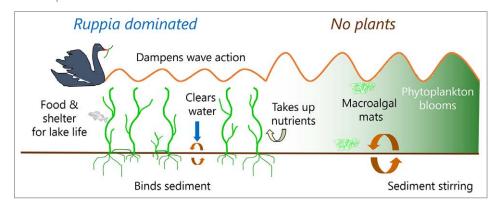
Ruppia safeguards the lagoon

When Ruppia grows densely in Waituna Lagoon it protects water quality, dampens wave action and stops the bed being stirred up.

Risk of Waituna Lagoon shifting to a poor ecological condition

Submerged plants have an important role in keeping shallow lakes and lagoons clean and healthy (Figure 1). If submerged plant communities become too stressed, they can collapse. The lake or lagoon then enters a new, dirty water state, with high levels of resuspended sediment and development of macroalgal mats or phytoplankton blooms instead of plants. The submerged native plant species of Ruppia (horse's mane) safeguard water quality in Waituna Lagoon. Ruppia tolerates fluctuating levels of saltwater in lagoons better than other submerged plants, but does not occur in the sea. Other plants, including a nationally rare, salinity-tolerant charophyte, also occur at Waituna Lagoon.

Figure 1: Ruppia vegetation can safeguard water quality in the lagoon compared to a system with no plants.



Management of water level at Waituna Lagoon

Agencies, community and iwi are working together to manage and protect Waituna Lagoon. When water levels in the lagoon rise too high for land drainage, the management response has been to mechanically open the lagoon to the sea. Lagoon openings are usually undertaken once or twice a year to prevent catchment flooding and to flush nutrients from the lagoon, but lagoon closing only occurs naturally under certain sea conditions.

Management of these artificial openings is increasingly taking into account the Lagoon's ecology. The timing and length of openings ideally should not negatively impact on the survival of Ruppia and other vegetation. This requires managing openings to avoid critical periods in the life-history of Ruppia including spring to summer growth and seed production.

Previously, the lagoon had been opened to the sea once the water level of Waituna Lagoon reached a certain trigger level³, which varies at different times of the year and had associated conditions. The coastal permit to open the lagoon expired in 2022. More recently, the optimal Resource Consent conditions for the ecological and cultural health of the lagoon ecosystem were assessed by an expert technical panel⁴ as a step towards better management of lagoon openings.



³ Resource Consent 20146407-01, 14 February 2017.

⁴ Robertson, H.A., Ryder, G., Atkinson, N., Ward, N., Jenkins, C., de Winton, M., Kitson, J., Schallenberg, M., Holmes R. (2021) Review of conditions for opening Waituna Lagoon. Supporting Information. Prepared for Whakamana Te Waituna. 29 pp.



Natural lagoon level

Once, Waituna Lagoon would have naturally breached to the sea after several years of filling with freshwater. Today it is regularly opened and infiltrated by the sea.

What do openings mean for conditions in Waituna Lagoon?

Monitoring of the waters of Waituna Lagoon over time⁵ has built up a picture of the key changes caused by opening events⁶. Water level is lower and salinity higher when the lagoon is open and temperature and nutrient concentrations are both reduced with flushing by the sea (Figure 2). These changes and their duration influence the vegetation of Waituna Lagoon.

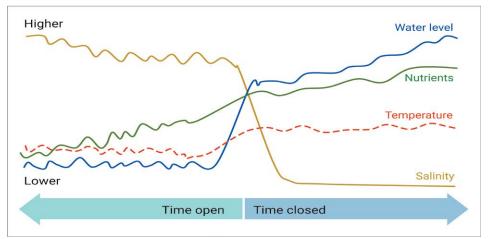


Figure 2: Key changes in the waters of Waituna Lagoon with time after opening or closing to the sea.

Catchment management

Agencies and the community aim to reduce sediment and nutrient inputs to Waituna Lagoon, focusing on strategies and initiatives for catchment management of contaminants, increasing biological processing of run-off and improving freshwater habitat. It is essential that these efforts meet the nutrient load reduction targets developed by the Lagoon Technical Group in 2013⁷ to ensure the long-term persistence of *Ruppia* vegetation and safeguard the lagoon ecosystem. However, opening the lagoon to disrupt algal blooms provides a short-term solution for the ecological health of the lagoon.



- ⁵ https://www.lawa.org.nz/explore-data/southland-region/lakes/waituna-lagoon/
- ⁶ de Winton, M., Mouton, T. (2018) Technical Report on Vegetation Status in Waituna Lagoon: 2009–2018.
- 7 Lagoon Technical Group (2013). Ecological Guidelines for Waituna Lagoon. Report prepared for Environment Southland.







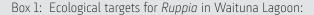


What do we monitor?

Ruppia

Ruppia acts as an ecological sentinel in Waituna Lagoon, providing an early-warning system to detect deterioration. Department of Conservation oversee the monitoring of Ruppia and other aquatic plants and algae to determine status and trends in ecological health of the Lagoon. Monitoring supports specific resource consent conditions for lagoon opening, where opening avoids the spring to summer growth and reproduction phase for Ruppia although opening decisions at a lower water level may be acceptable where vegetation has been stable (key ecological targets met for a number of years), or where poor water clarity is likely to have an adverse ecological effect if the lagoon isn't opened and flushed.

Results of annual monitoring are compared with target conditions sought under the Ecological Guidelines⁸ for Waituna Lagoon. Two additional targets were suggested by an analysis of all monitoring data in 2018⁹. These ecological targets are listed in Box 1.



- Lagoon closed during Ruppia growing season (spring and summer).
- >30-60% for average % cover of *Ruppia* (and other native macrophytes¹⁰).
- <10% cover of benthic and epiphytic filamentous algae (macroalgae).
- >1000 average for Ruppia 'biomass index' (% cover x cm height).
- ≥40% of *Ruppia* samples in a flowering or post-flowering life-stage.
- ≥20% of the sites record *Ruppia megacarpa*.

- 9 de Winton, M., Mouton, T. (2018) Technical Report on Vegetation Status in Waituna Lagoon: 2009–2018.
- ¹⁰ Other native macrophytes comprised <35% of all occurrence records for all surveys.



⁸ Lagoon Technical Group (2013). Ecological Guidelines for Waituna Lagoon. *Report prepared for Environment Southland*.



Monitoring methods

The lagoon is monitored each year in late summer at 47-48 sites (Figure 3a). At each site, an assessment of environmental quality includes depth and water quality measurements (Figure 3b). Substrate characteristics are measured in four samples of the lagoon bed retrieved using a garden hoe, and the composition and abundance of vegetation is also described, including *Ruppia* life-stage as flowering or vegetative. Submerged native plants and dominant macroalgae are shown in Figure 4.



Figure 3a: Map showing the location of sampling sites (47-48).

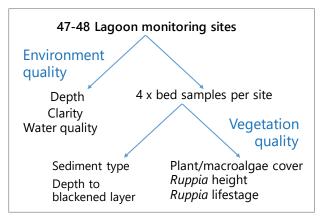


Figure 3b: Sampling design diagram.

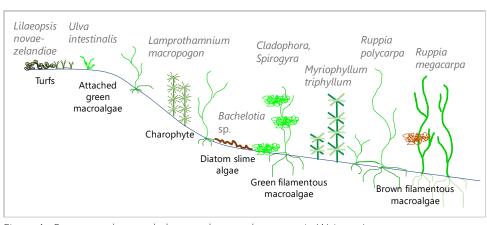


Figure 4: Common submerged plants and macroalgae types in Waituna Lagoon.











Did 2023 results achieve ecological targets for Waituna Lagoon?

The results of annual summer monitoring of the submerged vegetation in Waituna Lagoon are analysed and compared to the six ecological targets to track the health of the Ruppia community.

Target lagoon closure was achieved in 2023. as it was in 2009, 2010, 2012, 2015, 2016, 2018, 2019 and 2022.

1. Lagoon closure

A closed lagoon over spring and summer (defined as the three months before monitoring) is an ecological target that provides stable conditions for the Ruppia growing season (Box 1). Whether the lagoon is closed or open has a strong influence on conditions that affect plants, such as depth, salinity, and temperature.

Prior to the 2023 summer monitoring of Ruppia, the lagoon had been closed for 16.6 months (Table 1), having been last opened in September 2021. This closure well exceeds the target for closure of the lagoon (>3 months) and represents the second consecutive year where favourable closed conditions have been provided over the critical spring-summer growth period for Ruppia growth and reproduction (Table 1).



Table 1: Months that the lagoon has been closed (positive numbers) or open (negative numbers) prior to each monitoring event. Occasions that the target is met are shown as bold, in highlighted cells.

Year	Months closed before monitoring
2009	4.7
2010	4.6
2011	-5.6
2012	4.6
2013	-3.9
2014	-6.2
2015	6.2
2016	3.2
2017	1.0
2018	13.7
2019	3.5
2020	-4.1
2021	-4.8
2022	4.5
2023	16.6

2. Ruppia cover

A healthy *Ruppia* community occupies a large habitat area in Waituna Lagoon. This is measured by calculating the percentage cover of *Ruppia* across all sites in the Lagoon.

The ecological target of >30–60% cover for *Ruppia* across the whole lagoon (Box 1) was met in 2023 (Table 2). This is only the third time this target has been achieved since monitoring began in 2009 (Table 2, Figure 5). All three years that met this target were the second of two consecutive years of lagoon closure during the critical spring-summer growth period for *Ruppia*. *Ruppia* vegetation was recorded at all sites surveyed in 2023 (Table 2, Figure 5), with very high lagoon coverage by vegetation also recorded in 2018 and 2019.



Year	% Sites where <i>Ruppia</i> present	Average cover (sites where present)	% Sites with >30% cover	Lagoon-wide average cover
2009	73	33	23	24
2010	52	31	21	16
2011	25	7	2	2
2012	60	14	8	9
2013	33	22	13	7
2014	19	16	2	3
2015	70	29	23	21
2016	87	46	53	40
2017	74	12	6	9
2018	100	26	12	26
2019	96	37	43	36
2020	68	8	4	5
2021	30	9	0	3
2022	72	19	19	13
2023	100	52	68	52



Target lagoon-wide *Ruppia* cover was achieved in 2023, and previously 2019 and 2016.

Note: In these years the lagoon had been closed for two consecutive growing seasons for >3 months.



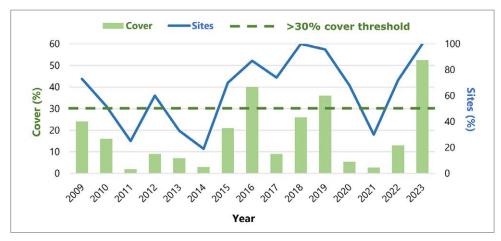


Figure 5: Lagoon-wide cover of Ruppia is shown as green bars and percentage of sites at which Ruppia was present as a blue line.

3. Ruppia biomass index

Although Ruppia biomass is not sampled annually, a proxy for biomass can be derived by multiplying Ruppia cover by height as a 'biomass index'. In a healthy Ruppia community a biomass index >1000 is expected (Box 1). This might be visualised as a 10% cover of plants that are 100 cm tall or by a 100% cover of plants that are 10 cm tall, and other combinations.

In 2023, the lagoon-wide Ruppia biomass index exceeded the target (Table 3). This biomass index was more than twice the previous highest value recorded in 2019 (Table 3). The 2023 monitoring year and four previous years where the target biomass index was achieved were also those years when the lagoon closure target was met (Table 1).

Table 3: Ruppia presence at sites, number of sites where target biomass index was achieved and average biomass index calculated lagoon-wide. Occasions the target is met are shown as bold, in highlighted cells.

Year	% Sites where <i>Ruppia</i> present	% Sites with >1000 biomass index	Lagoon-wide average biomass index
2009	73	25	734
2010	52	21	899
2011	25	0	9
2012	60	4	177
2013	33	2	98
2014	19	2	114
2015	70	23	1252
2016	87	32	1362
2017	75	6	697
2018	100	19	1324
2019	96	45	1872
2020	68	4	199
2021	30	4	103
2022	72	4	462
2023	100	66	4246

Target lagoon-wide Ruppia biomass index was achieved in 2023. Previous years this target was met were 2015, 2016, 2018 and 2019.





Limits for lagoon-wide macroalgae cover were not exceeded in 2023, and also from 2009 to 2012, 2014 and 2018.

4. Macroalgae cover

Nutrient enrichment of waterbodies may result in excessive macroalgae growth that smothers the lake bed and shades *Ruppia* plants. One ecological target (Box 1) recognises that macroalgae on the lagoon bed (benthic), on plants (epiphytic) and floating mats should be no more than minor (<10% cover).

Lagoon-wide average macroalgae cover in 2023 met the target, being <10% (Table 4, Figure 6). This result contrasts with seven out of the previous eight years (2015 to 2022) that had relatively high macroalgae abundance (Table 4, Figure 6). Macroalgal cover (Table 4, Figure 6) has not reflected whether the lagoon closure target was met or not (Table 1).

Table 4: Percentage of sites recording macroalgae, their average cover, percentage of sites achieving <10% cover and average lagoon-wide cover. Occasions the target is met are shown as bold, in highlighted cells.

Year	% Sites where macroalgae present	Average % cover (sites where present)	Sites with >10% cover (%)	Lagoon-wide average cover (%)
2009	19	17	6	3
2010	8	29	6	2
2011	17	3	0	<1
2012	23	16	8	4
2013	27	52	19	14
2014	27	17	11	4
2015	89	50	70	45
2016	79	36	49	28
2017	64	27	26	17
2018	11	2	0	<1
2019	89	73	85	66
2020	79	31	32	25
2021	25	28	12	15
2022	85	63	66	54
2023	32	16	9	5



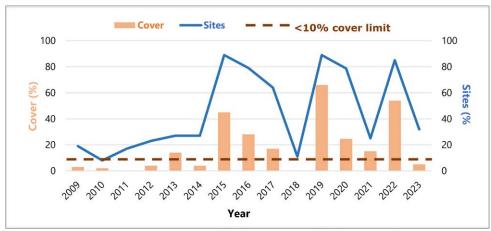


Figure 6: Lagoon-wide cover of macroalgae is shown as orange bars and percentage of sites at which macroalgae was present as a blue line.

The target for *Ruppia* reproductive success was achieved in 2023 and also in 2012, 2015, 2016, 2018 and 2019.

5. Ruppia reproductive success

This ecological target focuses on the reproductive success of Ruppia and the likely replenishment of the seed bank which is vital for vegetation recovery after any major disturbance (e.g., extended lagoon opening). The target is \geq 40% of Ruppia samples at sites in a flowering or post-flowering life-stage, to incorporate sites with both Ruppia species (R. polycarpa and R. megacarpa).

The target for reproductive success of *Ruppia* was exceeded in 2023, with almost all of the sampling sites recording flowering or post-flowering plants (Table 5). Seed production observed at the time of the 2023 monitoring suggests a major replenishment of the lagoon seed banks.

Table 5: Percentage of sites recording reproductive success for *Ruppia* as either flowering or post-flowering status. Occasions the target is met are shown as bold, in highlighted cells.

Year	% Sites recording reproduction
2009	18
2010	32
2011	0
2012	53
2013	9
2014	10
2015	59
2016	71
2017	3
2018	44
2019	46
2020	6
2021	4
2022	30
2023	94





6. Status of Ruppia megacarpa

Ruppia megacarpa is associated with taller, denser submerged vegetation in Waituna Lagoon. It acts as a strong 'ecosystem engineer', which subsequently supports the local environment that promotes further vegetation development. The target states \geq 20% of the sites should record *R. megacarpa*. A threshold of 20% of sites is recommended because this represents known sampled areas that are favourable for this species¹¹.

Ruppia megacarpa exceeded the status target in 2023 (Table 6), being present at almost twice the required number of sites. This year, R. megacarpa had the most widespread distribution in the lagoon (38% of sites) since monitoring began in 2009 (Table 6).

Table 6: Percentage of sites recording *Ruppia megacarpa*. Occasions the target is met are shown as bold, in highlighted cells.

Year	% sites recording Ruppia megacarpa
2009	10
2010	23
2011	17
2012	2
2013	6
2014	0
2015	4
2016	9
2017	6
2018	30
2019	32
2020	21
2021	6
2022	23
2023	38

 $^{^{\}mathrm{11}}$ de Winton, M. (2019) Vegetation Status in Waituna Lagoon: Summer 2019. NIWA Publication.



All six ecological targets were achieved in 2023.







Conclusions

Ecological targets in 2023

In 2023, all six ecological targets were achieved (Table 7), indicating a stable and selfsustaining native submerged plant population (Box 1). Widespread plant development, greater diversity of species across the lagoon and highly successful reproduction means the vegetation of Waituna Lagoon is currently in good ecological health.

This monitoring result followed an extended period (>16 months) when the lagoon has been closed, which included two consecutive Ruppia growing seasons. It appears that dryer than normal conditions in Southland over recent years have avoided sudden extreme increase and decrease in water level usually associated with a lagoon opening. The consecutive Ruppia growing seasons without a lagoon opening have resulted in record measures for four of the Ruppia targets in 2023 (Table 7).



Table 7: Summary of 2022 results for all ecological targets.

Ecological target	Targets met?	Comment
Lagoon closure	✓	Lagoon had been closed for two consecutive <i>Ruppia</i> growing seasons prior to monitoring.
Ruppia cover	✓	Lagoon-wide <i>Ruppia</i> cover exceeded the target (>30% cover) and was the highest cover yet monitored.
Ruppia biomass index	✓	Ruppia biomass index exceeded the target (>1000) and was the highest value yet monitored.
Macroalgae cover	✓	Macroalgae development was within the acceptable threshold of 10% cover.
Ruppia reproductive success	✓	The target for reproductive success (≥40% of samples flowered) was exceeded with reproductive Ruppia at almost all sites.
Status of Ruppia megacarpa	✓	Ruppia megacarpa contributed significantly to lagoon vegetation.



Ecological targets over all monitoring years

- All ecological targets were met in 2023, the first time this has been achieved in all the 15 annual monitoring years (Table 8).
- Years that did not meet the lagoon closure target (closed for 3 months prior to summer monitoring) have achieved the fewest targets (one or none). This occurred for six of the monitoring years (Table 8).
- Higher numbers of targets (≥4) tended to be achieved in the second of consecutive closed lagoon years (Table 8).
- However, the macroalgae cover target (limit of 10% cover) has not shown strong links to lagoon closure target, but exceedance of acceptable limits has been more frequent in later years (Table 8), a possible sign of nutrient enrichment.

Table 8: Summary of results for six ecological targets over all monitoring years. Darker rows indicate greater numbers of targets were met.

Year	Lagoon closure	<i>Ruppia</i> cover	Ruppia biomass index	Macroalgae cover	Ruppia reproductive success	Status of Ruppia megacarpa	Targets met
2009	✓	×	×	✓	×	×	2
2010	✓	×	×	✓	×	✓	3
2011	×	×	×	✓	×	×	1
2012	✓	×	×	✓	✓	×	3
2013	×	×	×	×	×	×	0
2014	×	×	×	✓	×	×	1
2015	\checkmark	×	\checkmark	×	✓	×	3
2016	✓	\checkmark	✓	×	✓	×	4
2017	×	×	×	×	×	×	0
2018	✓	×	✓	✓	✓	✓	5
2019	\checkmark	\checkmark	\checkmark	×	✓	✓	5
2020	×	×	×	×	×	✓	1
2021	×	×	×	×	×	×	0
2022	✓	×	×	×	×	✓	2
2023	✓	√	✓	✓	✓	✓	6





Implications for lagoon health

- Ecological targets for Waituna Lagoon are not met when lagoon openings occur or extend over late spring to summer.
- Two or more consecutive years of openings during the main vegetation growth period should be avoided to ensure Ruppia can regenerate successfully.
- At least two consecutive years of a favourable closed lagoon over the main vegetation growth period enable higher *Ruppia* development.
- There may be trade-offs between a stable closed lagoon for good *Ruppia* development and risk of nutrient build-up fuelling macroalgae and phytoplankton blooms.
- Ecological targets for lagoon-wide Ruppia cover and biomass index are likely to be met when Ruppia megacarpa is more prevalent, due to its ability to form tall, high cover beds.

Summary of technical findings

The accompanying technical report¹² to this summary document outlines that:

- A long lagoon closure that incorporated two consecutive spring-summer growing seasons for *Ruppia* presented extremely favourable conditions for vegetation in Waituna Lagoon and led to record development in 2023.
- Physico-chemical characteristics of the lagoon in 2023 were generally typical of closed lagoon conditions, but Environment Southland monitoring data suggests nutrient concentrations and turbidity have tended to be low and less variable since 2022.
- Lagoon substrates tended to be softer or more silty in 2023, but remained generally oxygenated and 'healthy'.
- Macroalgae development remained low in 2023, following high prevalence over most of the previous eight years.
- Macroalgae patterns show drivers other than lagoon mouth status are important. We note that low algal development was associated with drought conditions in 2018 and 2023, but not drought conditions in 2022.
- Monitoring results in 2023 detected a very successful reproduction event for Ruppia species and indicate a substantial replenishment of seed banks that will contribute to plant recovery following future lagoon openings.



A long annual monitoring dataset over 15 years shows a strong pattern of greater lagoon vegetation development, species diversity and reproduction success are associated with years where favourable conditions under a closed lagoon status are provided over the critical spring to summer growth period for *Ruppia*. Ecological health of the lagoon can be protected by careful management of future lagoon openings in addition to safeguarding the system from excessive nutrient and sediment loads.

¹² de Winton, M., Zabarte-Maeztu I., Taumoepeau, A. (2023) Technical Report on Vegetation Status in Waituna Lagoon: 2009–2023. NIWA Publication.



Glossary

Term	Definition
Benthic	Relating to, or occurring at the bottom of a body of water.
Biomass index	An indicator of biomass for <i>Ruppia</i> species that is based on multiplying measured cover (%) by height (cm).
Catchment	The area of land bounded by watersheds draining into a basin.
Charophyte	A group of freshwater algae that superficially resemble higher submerged plants in that they are anchored to the substrate and have stems and whorls of 'branchlets'.
Ecosystem engineer	An organism that creates, significantly modifies, maintains or destroys a habitat.
Ecosystem health	A way to describe the state of a system relative to a desired management target or reference condition.
Epiphytic	Living on the surface of plants.
Life-stage	Stages in form and function through which an organism passes during its lifespan that include reproductive status.
Macroalgae	Collective term used for seaweeds and other benthic marine or freshwater algae that are generally visible to the naked eye.
Resource consent	Official permission to carry out an operation that has an environmental impact.
Run-off	The draining away of water (or substances carried in it) from the surface of an area of land.
Submerged vegetation	Plants that grow entirely beneath the surface of the water, except for flowering parts in some species, including charophytes but excluding macroalgae.

Referral links

- Awarua-Waituna Wetlands: (doc.govt.nz)
- Land, Air, Water Aotearoa (LAWA) Waituna Lagoon
- Waituna Lagoon Living Water
- Home Whakamana te Waituna
- Awarua Waituna Lagoon National Wetland Trust | Learn More

